

## **April 2019 School Meals Menu - CNMI Public School System Child Nutrition Program**

### **Monday, April 1**

#### **Breakfast**

Creamy Rice Soup  
Crackers/Breadsticks  
Fruit

#### **Lunch**

Tuna Supreme Sandwich  
Japanese Salad  
w/Cabbage & Carrots  
Fruit

#### **Secondary Second Choice**

Sesame Chicken Rice Bowl  
With Vegetables  
Fruit

### **Tuesday, April 2**

#### **Breakfast**

Cinnamon Raisin Breakfast Roll  
Fruit

#### **Lunch**

Chicken Curry with Potatoes  
Steamed Green Beans  
Steamed Rice  
Fruit

#### **Secondary Second Choice**

Salad Bar  
Crackers/Dinner Rolls  
OR  
Italian Sub Sandwich with  
Side Salad Made to Order  
Fruit

### **Wednesday, April 3**

#### **Breakfast**

Meat Lover's Scramble  
Steamed Brown Rice  
Fruit

#### **Lunch**

Salisbury Steak with Gravy  
WGR Dinner Roll  
Mashed Potatoes  
Mixed Vegetable Blend  
Fruit

#### **Secondary Second Choice**

Soyu Chicken Rice Bowl  
With Vegetables  
Fruit

### **Thursday, April 4**

#### **Breakfast**

French Toast with Syrup  
Fruit

#### **Lunch**

Honey Glazed chicken  
Steamed Brown Rice  
Steamed Broccoli  
Texas BBQ Beans  
Fruit

#### **Secondary Second Choice**

Salad Bar  
(Made to Order)  
With Crackers/Dinner Roll  
Fruit

### **Friday, April 5**

#### **Breakfast**

Chicken Nuggets &  
Curried Fried Rice  
Fruit

#### **Lunch**

Spaghetti with Marinara Sauce  
With Cheese  
Steamed Carrot &  
Local Vegetable  
Fruit

#### **Secondary Second Choice**

Kung Pao Chicken Rice Bowl With Vegetables  
Fruit

**Monday, April 8**

**Breakfast**

Cereal Selection

Fruit

**Lunch**

Chicken Patty on WGR Bun

Carrot Sticks with Dip

Texas BBQ Beans

Fruit

**Secondary Second Choice**

Spicy Fried Rice with Whole Egg

Texas BBQ Beans

Steamed Carrots

Fruit

**Tuesday, April 9**

**Breakfast**

Denver Baked Omelet

WGR Breakfast Roll

Fruit

**Lunch**

Pork Adobo with Potato

Green Beans

Steamed Brown Rice

Fruit

**Secondary Second Choice**

Salad Bar

(Made to Order)

With Crackers/Dinner Roll

Fruit

**Wednesday, April 10**

**Breakfast**

Sausage with Fried Rice

Fruit

**Lunch**

Chicken Pancit

With Vegetables

Fruit

**Secondary Second Choice**

Five Alarm Pizza

Carrot & Cucumber Sticks

With Dip

Fruit

**Thursday, April 11**

**Breakfast**

Granola Topped Oatmeal Breakfast Bread

Fruit

**Lunch**

Beef Pepper Steak

Steamed Brown Rice

Local Vegetable

Fruit

**Secondary Second Choice**

Salad Bar

(Made to Order)

With Crackers/Dinner Roll

Fruit

**Friday, April 12**

**Breakfast**

Ham Slice and

Garlic Brown Rice

Fruit

**Lunch**

Oven Baked Fried Chicken

Red Rice

Steamed Broccoli

Steamed Corn

Fruit

**Secondary Second Choice**

Coconut Curry Fish

Steamed Brown Rice

Steamed Broccoli

Steamed Corn

Fruit

**Monday, April 15**

**Breakfast**

Corn and Egg Soup

Fruit

**Lunch**

Chicken Adobo with Potatoes

Steamed Rice

Steamed Corn

Fruit

**Secondary Second Choice**

BBQ Pork Sandwich

On WGR Bun

Potato Wedges

Steamed Corn

Fruit

**Tuesday, April 16**

**Breakfast**

Scrambled Eggs

With Fried Rice

Fruit

**Lunch**

Spaghetti with Meat Sauce

Steamed Broccoli & Carrots

Fruit

**Secondary Second Choice**

Salad Bar

Crackers/Dinner Rolls

OR

Chicken Teriyaki Sandwich w/

Side Salad Made to Order

Fruit

**Wednesday, April 17**

**Breakfast**

Pancakes with Syrup

Fruit

**Lunch**

BBQ Chicken

Red Rice

Texas BBQ Beans

Normandy Vegetable Blend

Fruit

**Secondary Second Choice**

Hamburger on WGR Bun

Texas BBQ Beans

Normandy Vegetable Blend

Fruit

**Thursday, April 18**

**Breakfast**

Sausage and Egg Scramble

Garlic Brown Rice

Fruit

**Lunch**

Cheese Pizza

Carrot Sticks with Ranch Bean Dip

Fruit

**Secondary Second Choice**

Salad Bar

(Made to Order)

With Crackers/Dinner Roll

Fruit

**Friday, April 19 - Good Friday**

**Breakfast**

Fruit Muffin

Fruit

**Lunch**

Tuna Cabbage Stir Fry

Steamed Brown Rice

Seasoned Local Vegetables

Fruit

**Monday, April 22**

**Breakfast**

Ham & Potato Chowder

Crackers/Breadsticks

Fruit

**Lunch**

Sweet & Sour Fish with Steamed Rice

Seasoned Mixed Vegetables

Fruit

**Secondary Second Choice**

Thai Beef Noodle Bowl

With Mixed Vegetables

Fruit

**Tuesday, April 23**

**Breakfast**

Cinnamon Twist Bread

Fruit

**Lunch**

Chicken Curry with Potatoes

Steamed Rice

Seasoned Green Peas

Fruit

**Secondary Second Choice**

Salad Bar

(Made to Order)

With Crackers/Dinner Roll

Fruit

**Wednesday, April 24**

**Breakfast**

Fried Rice with Chicken Nuggets

Fruit

**Lunch**

Marianas BBQ Cheeseburger

Carrot Sticks with Dip

Fruit

**Secondary Second Choice**

Orange Chicken Rice Bowl With Seasoned Carrot  
and Mixed Vegetables

Fruit

**Thursday, April 25**

**Breakfast**

French Toast with Syrup

Fruit

**Lunch**

Coconut Chicken Adobo

Steamed Brown Rice

Broccoli & Seasoned Local Vegetables

Fruit

**Secondary Second Choice**

Salad Bar

(Made to Order)

With Crackers/Dinner Roll

Fruit

**Friday, April 26**

**Breakfast**

Eggs & Cheese with Steamed Brown Rice

Fruit

**Lunch**

Macaroni & Cheese

Green Peas

Texas BBQ Beans

Fruit

**Secondary Second Choice**

Jerk Chicken Rice Bowl

Green Peas with Mixed Vegetables

Fruit

**Monday, April 29**

**Breakfast**

Arrozcaldo Soup  
Crackers/Breadsticks  
Fruit

**Lunch**

Marinara Pasta Bake  
Seasoned Broccoli  
And Mixed Vegetables  
Fruit

**Secondary Second Choice**

Sriracha Chicken Rice Bowl  
With Green Beans &  
Seasoned Mixed Vegetables  
Fruit

**Tuesday, April 30**

**Breakfast**

Ham & Cheese Omelet Bake  
With Breakfast Roll  
Fruit

**Lunch**

Pork Loin Strips  
With Mixed Vegetables  
Steamed Brown Rice  
Fruit

**Secondary Second Choice**

Salad Bar  
Crackers/Dinner Rolls  
OR  
Turkey & Spicy Mayo Sandwich w/  
Side Salad Made to Order  
Fruit