

March 2019 School Meals Menu - CNMI Public School System Child Nutrition Program

Friday, March 1

Breakfast

Ham Slice and
Garlic Brown Rice
Fruit

Lunch

Oven Baked Fried Chicken
Red Rice
Steamed Broccoli
Steamed Corn
Fruit

Secondary Second Choice

Coconut Curry Fish
Steamed Brown Rice
Steamed Broccoli
Steamed Corn
Fruit

Monday, March 4

Breakfast

Corn and Egg Soup
Fruit

Lunch

Chicken Adobo with Potatoes
Steamed Rice
Steamed Corn
Fruit

Secondary Second Choice

BBQ Pork Sandwich
On WGR Bun
Potato Wedges
Steamed Corn
Fruit

Tuesday, March 5

Breakfast

Scrambled Eggs
With Fried Rice
Fruit

Lunch

Spaghetti with Meat Sauce
Steamed Broccoli & Carrots
Fruit

Secondary Second Choice

Salad Bar
Crackers/Dinner Rolls
OR
Chicken Teriyaki Sandwich w/
Side Salad Made to Order
Fruit

Wednesday, March 6 Ash Wednesday

Breakfast

Pancakes with Syrup
Fruit

Lunch

BBQ Chicken
Red Rice
Texas BBQ Beans
Normandy Vegetable Blend
Fruit

Secondary Second Choice

Hamburger on WGR Bun
Texas BBQ Beans
Normandy Vegetable Blend
Fruit

Thursday, March 7

Breakfast

Sausage and Egg Scramble
Garlic Brown Rice
Fruit

Lunch

Cheese Pizza
Carrot Sticks with Ranch Bean Dip
Fruit

Secondary Second Choice

Salad Bar
(Made to Order)
With Crackers/Dinner Roll
Fruit

Friday, March 8

Breakfast

Fruit Muffin
Fruit

Lunch

Tuna Cabbage Stir Fry
Steamed Brown Rice
Seasoned Local Vegetables
Fruit

Secondary Second Choice

Baked Breaded Chicken Strips
WGR Dinner Roll
Coleslaw
Local Vegetable
Fruit

Monday, March 11

Breakfast

Ham & Potato Chowder
Crackers/Breadsticks
Fruit

Lunch

Sweet & Sour Fish with Steamed Rice
Seasoned Mixed Vegetables
Fruit

Secondary Second Choice

Thai Beef Noodle Bowl
With Mixed Vegetables
Fruit

Tuesday, March 12

Breakfast

Cinnamon Twist Bread
Fruit

Lunch

Chicken Curry with Potatoes
Steamed Rice
Seasoned Green Peas
Fruit

Secondary Second Choice

Salad Bar
(Made to Order)
With Crackers/Dinner Roll
Fruit

Wednesday, March 13

Breakfast

Fried Rice with Chicken Nuggets
Fruit

Lunch

Marianas BBQ Cheeseburger
Carrot Sticks with Dip
Fruit

Secondary Second Choice

Orange Chicken Rice Bowl With Seasoned Carrot
and Mixed Vegetables
Fruit

Thursday, March 14

Breakfast

French Toast with Syrup

Fruit

Lunch

Coconut Chicken Adobo

Steamed Brown Rice

Broccoli & Seasoned Local Vegetables

Fruit

Secondary Second Choice

Salad Bar

(Made to Order)

With Crackers/Dinner Roll

Fruit

Friday, March 15

Breakfast

Eggs & Cheese with Steamed Brown Rice

Fruit

Lunch

Macaroni & Cheese

Green Peas

Texas BBQ Beans

Fruit

Secondary Second Choice

Jerk Chicken Rice Bowl

Green Peas with Mixed Vegetables

Fruit

Monday, March 18

Breakfast

Arrozcaldo Soup

Crackers/Breadsticks

Fruit

Lunch

Marinara Pasta Bake

Seasoned Broccoli

And Mixed Vegetables

Fruit

Secondary Second Choice

Sriracha Chicken Rice Bowl

With Green Beans &

Seasoned Mixed Vegetables

Fruit

Tuesday, March 19

Breakfast

Ham & Cheese Omelet Bake

With Breakfast Roll

Fruit

Lunch

Pork Loin Strips

With Mixed Vegetables

Steamed Brown Rice

Fruit

Secondary Second Choice

Salad Bar

Crackers/Dinner Rolls

OR

Turkey & Spicy Mayo Sandwich w/

Side Salad Made to Order

Fruit

Wednesday, March 20

Breakfast

Sausage with
Garlic Steamed Rice
Fruit

Lunch

Turkey with Gravy
and Mashed Potatoes
Dinner Roll
Steamed Carrots
Fruit

Secondary Second Choice

Meat Lovers Pizza
Carrot & Cucumber Sticks
With Dip
Fruit

Thursday, March 21

Breakfast

Cheesy Ham Roll
Fruit

Lunch

Beef Broccoli
Steamed Brown Rice
Texas BBQ Beans
Fruit

Secondary Second Choice

Salad Bar
(Made to Order)
with Crackers/Dinner Roll
Fruit

Friday, March 22

Breakfast

Cereal Selection
Fruit

Lunch

Oven Baked Fried Chicken
Red Rice
Steamed Corn &
Seasoned Local Vegetables
Fruit

Secondary Second Choice

Grilled Fish Rice Bowl
With Corn & Local Vegetables
Fruit

Monday, March 25 - Covenant Day

Breakfast

Corn Chowder
Crackers/Breadsticks
Fruit

Lunch

Chicken Teriyaki
Steamed Brown Rice
Steamed Broccoli
Texas BBQ Beans
Fruit

Tuesday, March 26

Breakfast

Tropical Storm Fried Rice
Fruit

Lunch

Skillet Lasagna
Dinner Roll
Green Peas
Steamed Carrots
Fruit

Secondary Second Choice

Salad Bar
(Made to Order)
With Crackers/Dinner Roll
Fruit

Wednesday, March 27

Breakfast

Pancakes with Syrup

Fruit

Lunch

Seasoned Chicken

w/ Stir Fried Vegetables

Steamed Brown Rice

Fruit

Secondary Second Choice

Cheeseburger on Bun

Normandy Mixed Vegetables

Potato Wedges

Fruit

Thursday, March 28

Breakfast

Ham & Egg Scramble

Garlic Rice

Fruit

Lunch

Cheese Pizza

Carrot Sticks with Ranch Bean Dip

Fruit

Secondary Second Choice

Salad Bar

(Made to Order)

With Crackers/Dinner Roll

Fruit

Friday, March 29

Breakfast

Fruit Muffin

Fruit

Lunch

Breaded Fish with Tartar Sauce

Steamed Brown Rice

Seasoned Local Vegetable

Steamed Corn

Fruit

Secondary Second Choice

Buffalo Chicken Wrap

Corn Salad

Chilled Salad w/ Local Vegetables

Fruit