

**CNMI Public School System, Child Nutrition Program**

This institution is an equal opportunity provider. Menus are subject to change.



**SPIN YOUR WHEELS.**



Biking may be the only activity that combines exercise, fun, AND transportation! Just remember to always wear bright clothes, close-toed shoes, and a helmet – and follow the rules of the road!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!**

**WORLD'S GREATEST APRIL FOOL'S TRICKS!**



Once, on April 1st, the Facebook page for National Public Radio linked to a story with the headline, "Why Doesn't America Read Anymore?" Thousands of people posted comments, taking all sorts of positions on the problem. But it was an April Fool's prank -- there was no such actual story at the link. Which kind of showed that Americans don't read anymore!

See the back page for more all-time great pranks!

**WONDERS OF THE WORLD**



The Great Wall of China stretched for more than 13,000 miles, including all of its branches and fortifications. As many as 25,000 watchtowers studded the wall, which was primarily designed to keep out Mongol raiders and other nomads from the north. The wall was begun as early as 2600 years ago and was regularly extended, destroyed, rebuilt, and restored over the next 25-plus centuries. Most of what still exists today is about 400 to 600 years old, dating from the Ming Dynasty.

**THE GREAT WALL OF CHINA**

**APRIL FOOLS DAY?**



**SURELY YOU JEST!**

**Wednesday, April 1**

\*Holiday Break\*  
\*No Public School\*

**Breakfast**  
Grilled Cheese  
Fresh Fruit

**Lunch**  
Beef Bulgogi  
Broccoli  
Carrots  
Steamed Rice  
Fresh Fruit

**Thursday, April 2**

\*Holiday Break\*  
\*No Public School\*

**Breakfast**  
Grilled Ham  
Steamed Rice  
Fresh Fruit

**Lunch**  
Spaghetti Bolognese  
WGR Roll  
Green Salad w/ Tomatoes & Dressing  
Fresh Fruit

**Friday, April 3**

\*Good Friday\*  
\*No Public School\*

**Breakfast**  
French Toast w/ Syrup  
Fruit

**Lunch**  
**Wahoo**  
Steamed Rice  
Sesame Broccoli  
Local Vegetables  
Fresh Fruit



Hippos can open their mouths as much as four feet wide! They mainly just use that massive maw to graze on grass, and although they spend most of the day in the water, they are asleep much of that time and prefer to eat plants they find on dry land.

**ANIMAL APPETITES**

**Monday, April 6**

\*No Public School\*

**Breakfast**  
Assorted Cereal  
Fresh Fruit

**Lunch**  
Breaded Chicken w/ Gravy  
Mashed Potatoes  
Corn  
WGR Dinner Roll  
Fresh Fruit

**Tuesday, April 7**

**Breakfast**

Sausage  
Steamed Rice  
Fresh Fruit/Fruit Smoothie

**Lunch**

Sub Sandwich on WGR Bun  
Green Salad w/ Tomatoes & Dressing  
Italian Bean Salad  
Fresh Fruit

**Secondary Second Choice**

Chef Salad  
Ham & Boiled Egg  
WGR Cheesy Roll  
Italian Bean Salad  
Fresh Fruit

**Wednesday, April 8**

**Breakfast**

Toasted Ham & Cheese  
Fresh Fruit/Fruit Smoothie

**Lunch**

Pork Ginger  
Steamed Rice  
Sesame Broccoli & Carrots  
Fresh Fruit

**Secondary Second Choice**

Cheeseburger  
Sandwich Sides  
Sweet Potato Fries  
Fresh Fruit

**Thursday, April 9**

**Breakfast**

Garlic Fried Rice  
w/ Chicken Nuggets  
Fresh Fruit/Fruit Smoothie

**Lunch**

Chicken Alfredo Penne Pasta  
Lemon Garlic Cauliflower & Carrots  
Fresh Fruit

**Secondary Second Choice**

Chef Salad  
Ham & Boiled Egg  
WGR Cheesy Roll  
Fresh Fruit

**Friday, April 10**

**Breakfast**

Pancakes w/ Syrup  
Bacon  
Fruit

**Lunch**

BBQ Chicken  
Red Rice  
Local Vegetables & Corn  
Flavored Milk  
Fresh Fruit

**Secondary Second Choice**

Creole Fish Sandwich w/  
Spicy Remoulade Sauce  
Corn & Local Vegetables  
Fresh Fruit

