

CNMI Public School System

CONTENT STANDARDS

HEALTH

Standard 1: Core Concepts

Students will comprehend concepts related to health.

Standard 2: Accessing Information

Students will demonstrate the ability to access valid health information and health-promoting products and services.

Standard 3: Self Management

Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

Standard 4: Influences, External and Internal

Students will analyze the influence of culture, media, technology, and other factors on health.

Standard 5: Interpersonal Communication

Students will use interpersonal communication skills to enhance health.

Standard 6: Goal-Setting and Decision-Making

Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.

Standard 7: Advocacy

Students will demonstrate the ability to advocate for personal, family and community health.

PHYSICAL EDUCATION

Standard 1: Students demonstrate movement forms to perform a variety of physical activities.

Standard 2: Students apply movement concepts and principles to the learning and development of movement skills.

Standard 3: Students participate in a physically active life styles.

Standard 4: Students demonstrate ways to achieve and maintain a health enhancing level of physical fitness.

Standard 5: Students demonstrate responsible personal and social behavior in physical activity settings.

Standard 6: Students demonstrate an understanding and respect for differences among people in physical and activity settings.

Standard 7: Students understand that physical activity provides opportunity for enjoyment, challenge, self-expression and social interaction.

TECHNOLOGY

Standard 1: Students demonstrate developmentally appropriate technology operations and concepts.

Standard 2: Students demonstrate use of basic applications and tools.

Standard 3: Students demonstrate use of research tools.

Standard 4: Students demonstrate the ability to use telecommunications.

Standard 5: Students demonstrate the use of technology in problem solving and decision-making skills.

Standard 6: Students demonstrate knowledge of social, ethical and human issues.

CAREER and TECHNICAL EDUCATION

Summary of Career and Technical Education, K-12

Standard 1: BASIC SKILLS

Students use basic skills to succeed in the workforce, including reading, writing, interpreting, communicating, listening, and performing mathematical operations.

Standard 2: THINKING SKILLS

Students use critical thinking skills, including creating thinking, decision-making, problem-solving, and reasoning.

Standard 3: PERSONAL QUALITIES

Students display a safe and positive work attitude through responsibility, self-esteem, sociability, self-management, integrity, and honesty.

Standard 4: RESOURCES

Students identify, organize, plan and allocate resources as pertaining to the workplace.

Standard 5: INTERPERSONAL

Students work cooperatively with others in a work situation.

Standard 6: INFORMATION

Students acquire, evaluate, organize, maintain, and interpret information.

Standard 7: SYSTEMS

Students understand complex inter-relationships, monitor and correct performance, and improve or design systems in a work environment.

Standard 8: TECHNOLOGY

Students select, apply, maintain, and troubleshoot a variety of technologies.

Standard 9: HEALTH AND SAFETY

Students recognize existing and potential hazards to customers, co-workers, and themselves; prevent injury or illness through safe work practices, and follow Health and Safety Policies and Procedures.